



ACTS OF THE APOSTLES NEWS

Acts of the Apostles Assembly #2411
Fourth Degree, Knights of Columbus
P.O. Box 2124, Centreville, Virginia 20120-2124

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Over 100 years of Patriotic Service

February 2009

Faithful Navigator's Column

Brother Sir Knights,

We are fast approaching the beginning of the Easter Season in our liturgical calendar. Ash Wednesday is 25 February, and this will start our renewed call to holiness through service, prayer, and fasting. We are asked to do an act of penance during this time; commonly this is in the form of self sacrifice. We give up something we love, such as coffee, chocolate, or some other favorite food. Remember that this act of penance is not limited to denial to self. You may resolve to attend daily mass, give more to charity, spend more time with your wife and family, etc. The test for whether the activity is worthy is easy; just ask yourself the following questions: (1) Is the activity one I should be doing anyway, (2) does this action stress me in some way, and (3) does this activity bring me closer to God? If the answer to all three is 'yes,' then the activity is worthy of your participation for Lent. Remember that Christ fasted for 40 days and nights before beginning His quest to save us all. In all things, we do well when we imitate Him.

In Assembly news, the new Color Corps Drill Manuals have been published by Supreme. I have asked our Faithful Comptroller to order a set of these, and I understand he has received them. If you would like to see the new Drill Manual, attend the next meeting. I will bring my copy, and I'll ask the FC to bring his stack.

Every year the Circles, Councils, and Assemblies of the Knights of Columbus are asked to tally their total charitable activities and submit them to State and Supreme. After every Assembly in the District submitted their data, our Worthy Master sent back a summary sheet.

I thought you might be interested in the figures. In 2008, Assemblies in the Virginia District spent over \$63K on charitable disbursements, made over 9700 visits to the sick and bereaved, and volunteered over 190K hours of service. My brothers, these kind of numbers tell me exactly why I am a Knight of Columbus. Sure, you don't have to be a Knight in order to do good works in this world. You don't have to be a Knight to volunteer, donate, visit the sick, help the needy, and support our priests. But being a Knight helps so many of us find the opportunity to help others! By banding together, we can accomplish these numbers above, doing *that* much good, and this is just in our own District! I am proud to be a Knight, my Brothers. Seeing results like these, I know you share my outlook.

The next meeting will take place 24 February 2009. Please be sure to RSVP to the Faithful Captain so he may plan dinner appropriately. I look forward to seeing each of you there.

Vivat Jesus!

Jason Seiler
Faithful Navigator

Third Degree Liaisons

The Assembly maintains communication with its assigned Councils via liaisons appointed by the Faithful Navigator. Our liaisons are as follows:

Fr. Robert E. Nudd	Jim Frazer, PGK
Fr. Julius J. Cilinski	Al Grimmig, PGK
St. Chung Hasang	Sang Han, GK
St. Veronica	Mike Diewald, PGK
St. Clare of Assisi	Skip Coffman, PGK

Captain's Log

As we all know, this will be the last dinner before the Lenten season begins. Please call or e-mail me your intentions to attend the pre-meeting dinner on February 24th. The following Sir Knights are currently on the Regular Dinner List:

J. Seiler	K. Craddock	J. Beres
T. Wiedemer	A. Grimmig	J. Frazer
M. Diewald	R. Coffman	W. Putnam
B. Skokan	W. Ossenfort	M. Paulucci
P. Hannan	T. Trudeau	C. Hebert

If you would like to be included to the regular dinner list; please contact me at 703-818-2945 or michaelynch0629@aol.com

Thank you,
Vivat Jesus!
Ad Gloriam Dei!
Michael Lynch, Faithful Captain

Commander's Swords

Please see the activities box for a list of upcoming events. If you are interested in the Color Corps and have no regalia – no problem – we have loaner sets.

Michael J. Diewald, PFN

Our Navigators:	
1996-1996	Richard G. Head, Sr, PSD, CFN
1996-1997	Richard G. Head, Sr, PSD, CFN
1997-1998	Ronald J. Savage, PFN
1998-1999	Anthony J. Ascone, PFN
1999-2000	Michael J. Diewald, PFN
2000-2001	James L. Adams, PFN
2001-2002	Thomas A. Trudeau, PFN
2002-2003	Paul T. Hannan, PFN
2003-2004	Alvin E. Grimmig, Jr., PFN
2004-2005	Paul St. Laurent, PFN
2005-2006	Michael Sheil, PFN
2006-2007	Richard (Skip) Coffman, PFN
2007-2008	Joseph Beres, PFN
2008-2009	Jason Seiler

Our Officers for the Fraternal Year ending 30 June 2009

Office	Name	Spouse	E-mail	Phone
Friar	The Reverend Gerald Weymes		geraldweymes@gmail.com	(703) 378-7461
Navigator	Jason Seiler	Galena	jseiler@seicorp.com	(703) 304-6393
Captain	Michael Lynch		michaelynch0629@aol.com	(703) 818-2945
Pilot	Kevin Craddock	Kathy	kevin.craddock@dc.gov	(703) 830-1752
Admiral	Joseph Beres, PFN	Gerri	beresjq@verizon.net	(703) 631-4174
Scribe	James Frazer	Linda	jbfrazier@verizon.net	(703) 802-6905
Purser	Alvin E. Grimmig, Jr., PFN	Debbie	grizzwald1@cox.net	(703) 502-0830
Comptroller	Tom Wiedemer	Anne Marie	thomas.wiedemer@cqi.com	(703) 818-2761
Inner Sentinel	Bryan Skokan		bskokan1@cox.net	(703) 818-9455
Outer Sentinel	William Ossenfort III			(703) 222-0411
Trustee	Willie Putnam	Louise	willieputnam@gmail.com	(703) 818-8272
Trustee	Michael J. Diewald, PFN	Peggy	Michael@thediewalds.net	(703) 709-9318
Trustee	Richard (Skip) Coffman, PFN	J'Neane	scoffman@moneymailer.com	(703) 631-9405
Commander	Michael J. Diewald, PFN	Peggy	Michael@thediewalds.net	(703) 709-9318

ACTIVITY BOX		
What	When	Where
Assembly Business Meeting	February 24, 2009	Chantilly, VA
40 Hours Devotion Honor Guard	February 27 - March 1, 2009	St. Clares, Clifton, VA
St. Patrick's Day Parade	March 7, 2009	Alexandria, VA
Confirmation (10:00 & 2:00)	March 7, 2009	St. Timothy Church
Assembly Business Meeting	March 24, 2009	Chantilly, VA
Confirmation (10:00 & 2:00)	March 28, 2009	St. Andrew Church
Assembly Business Meeting	April 28, 2009	Chantilly, VA
Assembly Business Meeting, Election of Officers	May 26, 2009	Chantilly, VA
Exemplification of the 4th Degree	May 30, 2009	Charlottesville, VA
Assembly Business Meeting, Pass the Gavel	June 23, 2009	Chantilly, VA