



ACTS OF THE APOSTLES NEWS

Acts of the Apostles Assembly #2411
Fourth Degree, Knights of Columbus
P.O. Box 2124, Centreville, Virginia 20120-2124

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Over 100 years of Patriotic Service

February 2008

Faithful Navigator's Report

I still have a vivid memory of taking the decorations down from our Christmas tree and dragging it to the curb for disposal. And here we are into the Lenten season already.

In contemplating penance for Lent, I started thinking of the more stringent requirements we had for fasting and abstinence when I was growing up. It prompted me to go to the web and do a search on the history of penitence during this holy season. I found the following which I thought I would share with you. It's interesting to see how fasting varied from place to place in the "old" days:

Fasting during Lent was more severe in ancient times than today. Socrates Scholasticus, a Greek Christian church historian, reports that in some places, all animal products were strictly forbidden, while others will permit fish, others permit fish and fowl, others prohibit fruit and eggs, and still others eat only bread. In some places, believers abstained from food for an entire day; others took only one meal each day, while others abstained from all food until 3 o'clock. In most places, however, the practice was to abstain from eating until the evening, when a small meal without meat or alcohol was eaten.

Speaking of penance, if you are looking for something you can do, consider spending one hour with our Lord and participating in the 40 hours devotion at St. Clare's February 22-24. For available times, watch for the sign up sheet in your e-mail or contact our Captain Jason Seiler at jseiler@seicorp.com.

I would also like to report that we had a kickoff meeting and first practice for our Memorial Ceremony team. This team will hold a memorial ceremony once a year for all members that died during the previous year and donate a chalice or appropriate gift from the Assembly in honor of the deceased. A second practice will be held at the conclusion of our February meeting for all interested in participating in the team.

In closing, I want to thank those of you that participated in Religious Freedom Day, January 13th, the Installation Mass for Archbishop Broglio, as new head of the Archdiocese for the Military Services, January 25th and at the dedication of Holy Trinity Church in Gainesville on February 3rd. I was particularly proud of the fact that of the 30 sir knights that participated in the Holy Trinity

dedication, 10 were from our Assembly. Father Peffley and Bishop Laverde expressed their sincerest thanks to the knights.

Fraternally in Christ,

Joe Beres
Faithful Navigator

Delegates to Biennial Meeting

At our last meeting, the member knights listed below volunteered to be delegates to the biennial meeting, which will take place on Saturday April 5th at St. Edward's School in Richmond. In addition to the Faithful Navigator, we are allowed an additional delegate per 100 members. We will be voting on the delegates who will represent the Assembly at our February meeting and nominations are open until then. If you are interested in being a delegate, please let me know.

Faithful Navigator: Joe Beres
Alternate: Mike Lynch

1st Representative: Jason Seiler
Alternate: Mike Diewald

2nd Representative: Tom Trudeau
Alternate: Jim Frazier

This Year's Exemplifications

It's not too early to be recruiting 3rd degree members from our councils to become 4th degree knights, particularly for the May 17th degree at St. Timothy's Church. Since we are not in a hotel for this Degree, we will be limited to a maximum of 125 candidates. Candidates will be accepted on a first come, first accepted basis. The following will be the Honorees for this year's Exemplifications:

May 17 -- Richard C. Bowman, Major General, USAF, Retired
November 8 - James P. "JP" McCusker, PSD, FM

Both Dick and JP are honorees that we can be very proud of.

George Washington and St. Patrick's Day Parades

If you are interested in participating in either of these parades, please see the Activity Box for details.

Papal Mass Update

Our District Master reports that as of now we do not have any further information on how we will be providing support and assistance during the Papal visit. That said, we have been asked by Supreme to stand at the ready until they are told how we can assist. 401 volunteers listed to assist.

Once we are told what is needed and when, Navigators will be asked to get in touch with everyone on their list and get them the necessary information. If we need to get Secret Service clearance, this will probably also require getting Social Security numbers as quickly as possible

From Your Faithful Comptroller

Dear Brother Knights,
It's now time for payment of 2008 dues. Please send a check payable to the "Knights of Columbus" to:

Thomas Wiedemer, Faithful Comptroller
14643 Soucy Place
Centreville, VA 20120-1555

Thank you and Vivat Jesus,
Thomas R. Wiedemer
703-818-2761

Captain's Log

As we prayerfully celebrate this season of Lent, let us remember the spiritual necessity of this sacrificial time. Our Lord spent 40 days in the wilderness, fasting, praying, and being tempted by Satan. As we give up items (chocolate, alcohol, tobacco), take on duties (daily mass, daily rosary, donating to charity), and/or quit bad habits (swearing, anger, lying), we know these sacrifices will help us be closer to God and to the sacrifice made by His only Son. Amen.

This month's meeting will take place on Tuesday, February 26. Please RSVP to the Faithful Captain no later than 23 FEB 2008 (Sat) if you will attend the pre-meeting dinner.

The Fr. Cilinski Council has agreed to provide dinner for the February monthly meeting. Good luck, my Clifton friends!

Sir Knights on the Regular Dinner List:

J. Beers	J. Beres
J. Bradley	J. Broyles
J. Choi	R. Coffman
K. Craddock	M. Diewald
J. Frazer	A. Grimmig
P. Hannan	C. Hebert
M. Lynch	W. Ossenfort
M. Paulucci	W. Putnam
J. Seiler	T. Trudeau
T. Wiedemer	

Please let me know if you would like to be added or subtracted from the regular dinner list.
jseiler@seicorp.com or 703-304-6393.

Vivat Jesus!

Jason Seiler, Faithful Captain

Our Navigators:	
1996-1996	Richard G. Head, Sr, PSD, CFN
1996-1997	Richard G. Head, Sr, PSD, CFN
1997-1998	Ronald J. Savage, PFN
1998-1999	Anthony J. Ascone, PFN
1999-2000	Michael J. Diewald, PFN
2000-2001	James L. Adams, PFN
2001-2002	Thomas A. Trudeau, PFN
2002-2003	Paul T. Hannan, PFN
2003-2004	Alvin E. Grimmig, Jr., PFN
2004-2005	Paul St. Laurent, PFN
2005-2006	Michael Sheil, PFN
2006-2007	Richard (Skip) Coffman, PFN
2007	Joseph Beres

Commander's Swords

See the Activity Box below in this newsletter for upcoming events. We have loaner regalia for anyone interested in trying out for Color Corps.

Vivat Jesus!!!
Michael J. Diewald, PFN

Third Degree Liaisons

The Assembly maintains communication with its assigned Councils via liaisons appointed by the Faithful Navigator. Our liaisons are as follows:

Fr. Robert E. Nudd	Jim Frazer, PGK
Fr. Julius J. Cilinski	Al Grimmig, PGK
St. Chung Hasang	Bok Hwang, GK
St. Veronica	Mike Diewald, PGK
St. Clare of Assisi	Jason Seiler, PGK

ACTIVITY BOX		
What	When	Where
Alexandria Washington 's Birthday Parade (Color Corps)	Monday, February 18. Muster at noon. NOTE: Potomac Assembly will provide lunch at St. Mary's School after the parade.	St. Mary's School, 400 Green St., Alexandria (just north of the beltway and east of Washington St.)
Forty hours devotion (Tuxedo and Social baldric – not full color corps regalia)	Friday Feb 22 – Sunday Feb 24 (An hour of your time)	St. Clare of Assisi church, 12409 Henderson Rd Clifton
Assembly meeting and Memorial Service practice	Tuesday February 26, 6:30 PM.	St. Timothy church cafeteria
St. Patrick's Day parade (Color Corps)	Saturday, March 1. Muster at 11:30 AM.	St. Mary's Lyceum, 313 Duke St., Alexandria
Divine Mercy Sunday holy hour (Color Corps)	Sunday, March 30, 3:00 -4:00PM. Muster at 2:30PM	St. Timothy Church, Chantilly
Assembly meeting and renewal of vows (TUXEDO & SOCIAL BALDRIC)	Tuesday March 25, 6:30 PM.	St. Timothy church cafeteria
District Biennial Meeting	Saturday, April 5, 9:00 AM to Noon	Cafeteria of St. Edward's School in Richmond
Papal Mass, Pope Benedict XVI	April 17	Washington Nationals Stadium
<p><i>Note: Loaner color corps regalia are available for those who do not have their own. If you want to participate in an activity and don't have regalia, contact Commander Mike Diewald at michael@thediewalds.net or 703-709-9318.</i></p>		

Our Officers for the Fraternal Year ending 30 June 2008

Office	Name	Spouse	E-mail	Phone
Friar	The Reverend Gerald Weymes		geraldweymes@gmail.com	(703) 378-7461
Navigator	Joseph Beres	Gerri	beresjq@verizon.net	(703) 631-4174
Captain	Jason Seiler	Galena	jseiler@seicorp.com	(703) 304-6393
Pilot	Michael Lynch		michaelylnch0629@aol.com	(703) 818-2945
Admiral	Richard (Skip) Coffman	J'Neane	scoffman@moneymailer.com	(703) 631-9405
Scribe	James Frazer	Linda	jbfraser@verizon.net	(703) 802-6905
Purser	Kevin Craddock	Kathy	kevin.craddock@dc.gov	(703) 830-1752
Comptroller	Tom Wiedemer	Anne Marie	thomas.wiedemer@cgi.com	(703) 818-2761
Inner Sentinel	Joseph Choi		josephdchoi54@yahoo.com	(703) 821-0861
Outer Sentinel	William Ossenfort III			(703) 222-0411
Trustee	Alvin E. Grimmig, Jr., PFN	Debbie	grizzwald1@cox.net	(703) 502-0830
Trustee	Willie Putnam	Louise	willieputnam@gmail.com	(703) 818-8272
Trustee	Michael J. Diewald, PFN	Peggy	Michael@thediewalds.net	(703) 709-9318
Commander	Michael J. Diewald, PFN	Peggy	Michael@thediewalds.net	(703) 709-9318